



PUBLISHED BY: THE TOWNSHIP OF KILLALOE HAGARTY AND RICHARDS

Easy Reference

COUNCIL
 Mayor David Mayville
 Ted Browne (Ward 1)
 Bil Smith (Ward 1)
 Carl Kuehl (Ward 2)
 Maureen MacMillan (Ward 2)
 Brian Pecoskie (Ward 3)
 Harold Lavigne (Ward 3)

TOWNSHIP OFFICE
 1 John Street, PO Box 39
 Killaloe, Ontario K0J 2A0
 Monday-Friday 8:30am-4:30pm
 Phone: 613-757-2300
 Fax: 613-757-3634
 info@khrtownship.ca
 www.killaloe-hagarty-richards.ca
 Library: 613-757-2211

STAFF CONTACTS

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Dean Holly
Works Superintendent

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 Chief Building Official*

Kimberley Schroeder
Planning & Building Assistant

Dale Thompson
Facilities/Asset Manager

Chris Neff
*Community Development
 Coordinator*

Bob Gareau
Fire Chief, CEMC

Nicole Zummach
Librarian

Outdoor Rink Schedule

KILLALOE RINK SCHEDULE							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 PM	x	x	x	x	x	PUBLIC SKATING	PUBLIC SKATING
2 PM	x	x	x	x	x	PUBLIC SKATING	PUBLIC SKATING
3 PM	x	x	x	x	x	PUBLIC SKATING	PUBLIC SKATING
4 PM	x	x	x	x	x	PUBLIC SKATING	PUBLIC SKATING
5:00 PM	x	PUBLIC SKATING	x	x	PUBLIC SKATING	HOCKEY/ SHINNY	HOCKEY/ SHINNY
5:30 PM	PUBLIC SKATING	PUBLIC SKATING	PUBLIC SKATING	PUBLIC SKATING	PUBLIC SKATING	HOCKEY/ SHINNY	HOCKEY/ SHINNY
6:00 PM	PUBLIC SKATING	PUBLIC SKATING	PUBLIC SKATING	PUBLIC SKATING	PUBLIC SKATING	HOCKEY/ SHINNY	HOCKEY/ SHINNY
7:00 PM	PUBLIC SKATING	HOCKEY/ SHINNY	HOCKEY/ SHINNY	HOCKEY/ SHINNY	HOCKEY/ SHINNY	HOCKEY/ SHINNY	HOCKEY/ SHINNY
8:00 PM	PUBLIC SKATING	HOCKEY/ SHINNY	HOCKEY/ SHINNY	HOCKEY/ SHINNY	HOCKEY/ SHINNY	HOCKEY/ SHINNY	HOCKEY/ SHINNY
9 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

WARMING AREA HOURS: **Monday – Friday:** 5 pm - 9 pm **Saturday – Sunday:** 1 pm – 9 pm
PROGRAMMING HOURS: Time slots marked with an "X" are not available and are booked for programs
PUBLIC SKATING: During these times, hockey may be played at far end of ice when not busy (Less than 20 PPL)



Sno Fun

Winter Festival

January 28
February 5 2023





SNOW DOWN

2023

SNOW SCULPTURE CONTEST!

\$1000 IN PRIZES!

Facebook Contest: Jan 19 to Mar. 18



The Killaloe Food Bank

Serving the K0J 2A0,
K0J 2J0 and K0J 2N0 Area.
Located on 12 North Street,
Killaloe (Beside Buried
Treasure)

**Food Bank Open: February 7,
February 21, March 7 and March 21**

Contact: 613-757-2801
killaloefoodbank@gmail.com

KHR Public Works Department

WORKING HARD FOR YOU!

“It’s been a busy winter this year!” says Public Works Superintendent Dean Holly.

With a bit of a late start, winter has been sure to show up in force with several heavy snowfalls and big winter storms in December and January.

However, these storms were no match for the Killaloe, Hagarty and Richards, Public Works Department who have been working hard to keep the over 300 km of roadways in our municipality clear and safe!



YOUR PUBLIC WORKS DEPARTMENT

From Left: Dean, Kevin, William (*Part-Time Winter*), Frank, Allan (*Part-Time Winter*), Donny, Tom and James

Missing From Photo: Daren and Robert

Winter brings all kinds of challenges, and between plowing, salting, sanding, road maintenance, patching, culvert maintenance, waste management and equipment repair, these hard working KHR staff do a lot to make sure we can get where we need to go, safely.

Summer is no different as staff are constantly on the move doing all that needs to be done to ensure KHR-WORKS!

On behalf of the Municipality of Killaloe, Hagarty & Richards, THANK YOU for all that you do! Your hard work & dedication are deeply appreciated!

People of Public Works



ROBERT AND DAREN

You may recognize this friendly pair from your local waste recovery site. Robert (*waste-site attendant*) is new to KHR with just over a year on the job, while Daren (*Waste Management Coordinator*) has been working with KHR for over 8 years. In his spare time, Robert likes to create things with his 3-D printer while Daren likes to repair electronics and collect vintage video games.



DONNY

During the winter, you may have seen Donny around the Village sanding the roads or clearing the sidewalks. In summer he’s usually maintaining the lawns, patching roads, clearing brush or doing whatever needs to be done around the municipality. Donny, (*Labourer*) has been working for KHR for 13 years now and actually born and raised in KHR where he still calls home.



KEVIN

Kevin a.k.a Bucky is also a life-time resident of KHR having grown up in the area and chosen to live and work in the place where he grew up. Kevin (*Grader Operator*) is a Jack of all trades, doing whatever needs to be done. He says he feels right at home working for KHR and that working for the Township is a dream come true. Kevin has been with KHR for 13 years.



JAMES

James (*Operator / Truck Driver*) can be found around the township clearing various roads and operating an array of machinery. James is an avid broom ball player, and is a proud member of the Valley Lakers, a local co-ed team that has played both Provincially and Nationally. James has been working for the Municipality’s Public Works Department for 12 years now.

SnoFun Winter Festival



Killaloe Curling Club



Join Us

**Celebrating our
Community &
Curling!**



**THE 'COMMUNITY
BONSPIEL' IS BACK!
JAN. 28TH - FEB. 4TH**

Get your teams together
& Sign up today...



Lions SnoFun Snowman Selfie Challenge
(Check Killaloe and Area Lions Club Facebook Page for Instructions)

Community Bonspiel Jan 28-Feb 4
Killaloe Curling Club, 34 Cameron St.
Call (613) 757-2953

Saturday January 28

Robbie Burns Night with Spencer Scharf. Address of the Haggis by Rev Ken & Bagpiper John Mullin Haggis Tasting & Scottish Stew Dinner. \$25 Tickets must be registered by Jan 25. Contact 613-717-3740, or CRC

Monday January 30

SALC Stride & Stroll Killaloe Pathways Park, 86 Queen St. Noon. Come out and explore the new KPP and try out walking poles.
Public Skate Killaloe Rink(KRink), 28 Cameron St. 5:30-6:30pm
Hockey/Shinny KRink 6:30-9pm

Tuesday January 31

Laughter Yoga
Killaloe Friendship Club (KFC) 12 Lake St. 9:30am Enjoy this playful approach to exercise thru voluntary laughter.
Crafting with Dorinda KFC 1:00pm
Public Skate KRink 5:30-6:30pm
Hockey/Shinny KRink 6:30-9pm

Wednesday February 1

Sing-a-Long KFC 1:2-3:00pm
SnoFun Opening Night Dinner 5:30pm
Lions Hall. Enjoy a wonderful dinner of Peameal Bacon on a bun, Homemade Baked Beans, & Dessert for \$8
SnoFun Opening Night Karaoke
Join us for an evening of singing, laughs & fun with Valley Karaoke.
Public Skate KRink 5:30-6:30pm
Hockey/Shinny KRink 6:30-9pm

Thursday February 2

OPP Memorial School Broomball Tournament for Area Schools Killaloe Rink 9:30am-2pm
Authentic South Indian Cooking Demonstration KFC 10:30am Reserve your spot by calling 613-757-3333
Darts & Cribbage Tournament Afternoon \$4 Lions Hall, 1:30pm Sharp! Cash Prizes!
Public Skate KRink 5:30-6:30pm
Hockey/Shinny KRink 6:30-9pm
Darts & Euchre Tournament Night \$4 Lions Hall, 7pm Sharp! Cash Prizes!

Friday February 3

Coffee & Chat KFC 9:30am
Join our Seniors in a lively Chat.
Killaloe Walking Club KFC 11:30am
Join us on a social walk around Killaloe
Family Games Day Lions Hall 1pm-4pm
Bring your board games or try ours! Sponsored by Nala's Kitchen. All ages welcome!
Public Skate Wilno Rink, 3 Shalla St. 1-5pm
Strip Joker Lions Hall 7pm \$15
Reserve your tickets now for this unique comedy night now 613-281-2285 Garth's Kitchen Pizza & Pub foods on menu. Cash bar.

Saturday February 4

30th Anniversary Kevin Lynch Hockey Tournament KRink All day
Killaloe Farmers' Market Lions Hall 10am-2pm
Killaloe Friendship Club Bake Sale KFC 10am-2pm Stop by on your way to the Killaloe Farmers' Market and support our seniors.
SnoFun Craft Station Killaloe Public Library, 1 Boland St. 11am-4pm Make sure to visit our renovated Public Library and make a SnoFun craft.
EarlyON Toy Bus Outdoor Playgroup Station Park. 10-11:30am Geared towards ages 0-6
Public Skate Wilno Rink, 3 Shalla St. 1-5pm
30th Anniversary Kevin Lynch Hockey Dance Lions Hall Adults welcome to celebrate 30yrs of Hockey fun with DJ April Hudder, Cash Bar. \$5 cover charge or 5 item donation to Killaloe Food Bank
Nala's Kitchen Serving Authentic South Indian Dinner and Snacks in Lions Hall 6pm-Close Take out Available. Menu on FB.

Sunday February 5

CHCR Pancake Breakfast
Lions Hall 9-11pm Cost \$12 Adult, FREE under 12
Public Skate KRink 5:30-6:30pm
Hockey/Shinny KRink 6:30-9pm
Lions Tobogganing Behind Killaloe Lions Hall Lions hall 2:00pm Free Hot Dogs & Chocolate

Save the Date for these other Lions Events!
Superbowl Party Sunday February 12!!! Check out the Lions Hall new Big Screen TV. Suggest more Sporting Events.
Bitter Ball Feb 24 8pm \$5 cover charge
Killaloe Farmers Market March 4 10am-2pm
St. Patrick's Party and Pub March 17 & 18!!!
Opeongo Heritage Hockey Cup End of March!



Killaloe and Area
Lions Club

January 28 - February 5



Pancake Breakfast



Sunday, Feb 5th, 2023
9am to 1pm
Lions Hall
18 Lake St, Killaloe

CHCR Members \$10
Non-members \$12
Children under 12 FREE



Phone: 613 757-0657

CHCR Membership: \$20/individual \$30/family

Authentic South Indian
Hands On
Cooking Demonstration
with Divya & Ani
from Nala's Kitchen

Thur. Feb. 2 10:30 am

MENU
Vegetarian
Gluten Free
DAL TADKA
JEERA RICE
CAULFLOWER PAKORA

Space is limited so reserve your spot
by calling 613-757-3333

Enjoy the prepared food together afterwards

Killaloe Seniors Friendship Club
12 Lake Street
\$10.00 per person

Funded in part by the
Government of Canada's
New Horizons for Seniors Program

FEB. 3. 2023
Ruckus
Productions Ottawa
Presents... **STRIP JOKER**

Date night!
Girls night!
Pub night!
COMEDY NIGHT!! RIGHT?!?

Reserve your group table NOW!
(613)281-2285 \$15/Ticket

Garth's Kitchen Pizza & Pub Foods
on the Menu

**A 19+ EVEN'
BAR OPEN
@7PM
SHOW @8:30**

A SnoFun Event
The Lions Hall 18 Lake St. Killaloe

Killaloe and District Library News and Events



LEARN A NEW SKILL THIS WINTER WITH THE GREAT COURSES

Winter is a great time to learn a new skill- and we're here to help! The Killaloe Library has a large selection of DVD lectures and accompanying learning manuals from the famous publisher, The Great Courses. Some of our many instructional courses include: The Complete Guide to Baking Bread, Rediscovering the Lost Art of Cooking, How to Draw, How to Paint, Learn to Play Guitar, Nutrition Made Clear, Learning Spanish, Our Night

Sky, Practicing Mindfulness, Guide to Birding in North America and many other fascinating topics. Borrow for three-week periods and learn from the experts, at your leisure.

ENJOY WINTER WITH THE LIBRARY'S SPORT AND RECREATION LENDING LIBRARY

The Township of Killaloe, Hagarty and Richards offers loans of children's and adult sporting and recreation equipment through the library. Winter sporting equipment includes cross country ski sets, Nordic walking poles, snowshoes, children's hockey helmets, toboggans and sleds!

For your indoor fitness routine, we have a large selection of kettle bells, weights, and an ab roller. A few items added recently include a sewing machine, a CO2 monitor and, for your video creation projects, a green screen and studio lights.

Items can be signed out for one-week loan periods. One item per membership card on a first come, first served basis. Fabulous fun, perfect for a winter weekend, a mid-week outing or your home gym!

See the Killaloe Library website (www.killaloelibrary.ca) for a complete list of the items and equipment available. Items are

available to anyone with a library membership. Library memberships are free of charge and available to residents or rate-payers of the townships of Killaloe, Hagarty and Richards; Brudenell, Lyndoch and Raglan; North Algona Wilberforce; and Bonnechere Valley. Call the library for more information at 613-757-2211.

TECH TUTORIALS FOR SENIORS AVAILABLE AT THE LIBRARY

Brush up on your computer and tech skills with one-on-one tutorials available at the library. Tutorials are available for cell phones, tablets and computers. 613-757-2211.

Email: communitydevelopment@khrtownship.ca

SNOW DOWN

2023

SNOW SCULPTURE CONTEST!

\$1000 IN PRIZES!



Facebook Contest: Jan 19 to Mar. 18



Register today at
Renfrew County Catholic
District School Board!

KINDERGARTEN REGISTRATION

January 23 -
February 3, 2023

- Publicly-funded Catholic education
- Warm, nurturing, and inclusive environment
- Qualified and caring Kindergarten educators
- French language instruction begins in Kindergarten
- Structured literacy and mathematics taught through guided groups and purposeful play
- Art and music instruction
- Daily opportunities for inquiry, outdoor play and physical education
- Before and after school care available
- Flexible schedules and virtual options available
- A community of believers rooted in the Catholic Faith



Register now at www.RCCDSB.ca
and call your designated school
to finalize registration.

Learn, Laugh, Pray & Play!

Schools to believe in!



Community Events

ONTARIO PARK PASS Lending Program

GAME ON! has a 2023 annual Ontario Parks Pass available for local families. Our pass is FREE to borrow and covers the cost of day use at Algonquin, Arrowhead, Silent Lake and many other Provincial Parks that are offering winter access. Winter is a fabulous time to visit local parks if you like to avoid the summer crowds and you're willing to plan for the weather.



Winter Park Activities
Hiking
Snowshoeing
Cross-Country Skiing
Bird Watching & Feeding
Ice-Skating
Visitors Centre & More!

To reserve the pass or to learn more, contact Cheryl today.



GAME ON! Mobile Youth Activity Program
youth@crc-renfrewcounty.com
613-757-3108



INTRODUCING
ZUMBA®
GOLD
WITH **MONIKA PLETZ!**

Zumba® Gold is a low impact World dance class, with songs/moves from many cultures and countries.

All bodies are welcome, all movement is welcome. We start small and add options building toward more vigorous movement.

TUESDAYS 10-11AM
@ KILLALOE LIONS HALL
STARTING TUES JAN 17TH
CALL CRC TO REGISTER 613-757-3108

COST: Pay What You Can (\$5 Suggested Donation per Class)

WILNO RINK



BROOMBALL TOURNAMENT

SATURDAY FEBRUARY 11, 2023

Adult co-ed games start at 9am.

Contact wilnorink@gmail.com for more information.

Followed by the return of our

MOCCASIN DANCE



7PM TO MIDNIGHT



KILLALOE FARMERS MARKET
First Saturday of Month
December-June 10am-2pm



Killaloe Winter Farmers' Market

at the Killaloe Lions Hall
18 Lake St, Killaloe, ON

First Saturday of the Month
December-May
10:00am-2:00pm

Farm Fresh Produce
Meat, Breads, Preserves
Arts, Crafts & Gifts

DATES:

- Sat. December 3, 2022
- Sat. January 7, 2023
- Sat. February 4, 2023
- Sat. March 4, 2023
- Sat. April 1, 2023
- Sat. May 6, 2023

For more info

KillaloeFarmersMarket

on Facebook

PUBLIC MEETINGS

FEBRUARY

Economic Development Committee Meeting
February 6 - 7:00 pm

Regular Meeting
February 7 - 7:00 pm

Policies & Procedures Committee Meeting
February 8 - 7:00 pm

Human Resources Committee Meeting
February 13 - 7:00 pm

Regular Meeting
February 21 - 7:00 pm

Economic Development Committee Meeting
February 22 - 7:00 pm

Public Works, Public Service & Property Committee Meeting
February 27 - 7:00 pm

Protection & Emergency Management Committee Meeting
February 27 - 8:15 pm

MARCH

Planning Committee Meeting
March 1 - 7:00 pm

Policies & Procedures Committee Meeting
March 6 - 7:00 pm

Regular Meeting
March 7 - 7:00 pm

Regular Meeting
March 21 - 7:00 pm

Watch Meetings Online
[@khrtownship2713](http://www.youtube.com/KHRTownship)

OWG Renfrew County 2023

ONTARIO WINTER GAMES

As Ontario's largest multi-sport events, the Games are a showcase of amateur sport in Ontario and provide top young athletes with development and competitive opportunities to prepare them for national and international competition. The Ontario Winter Games were first delivered in 1970 by the City of Etobicoke.

RENFREW COUNTY 2023

Athletes will compete in twenty sports throughout Renfrew County in communities such as Petawawa, Pembroke, Barry's Bay Renfrew and Arnprior over the seven day competition taking place in February 2023.

THE GAMES AT A GLANCE

- Over 2,200 participants
- Over 20 sports
- 7 days over two consecutive weekends
- Athletes aged 12-18 years old
- \$5 million in estimated economic activity
- 700+ volunteers

February 2nd to February 12th

DAILY SPORT SCHEDULE // PROGRAMME QUOTIDIEN DES COMPÉTITIONS							WEEK II / SEMAINE II						
SPORT	VENUE	FEB 2 FÉV	FEB 3 FÉV	FEB 4 FÉV	FEB 5 FÉV	FEB 6 FÉV	FEB 6 FÉV	FEB 7 FÉV	FEB 8 FÉV	FEB 9 FÉV	FEB 10 FÉV	FEB 11 FÉV	FEB 12 FÉV
		THUR/ JEUDI	FRI/ VEN	SAT/ SAM	SUN/ DIM	MON/ LUN	MON/ Lun	TUES/ VEN	WED/ MER	THUR/ JEU	FRI/ VEN	SAT/ SAM	SUN/ DIM
ALPINE SKIING / PARA-ALPINE	Calabogie Peaks, Calabogie												
BADMINTON	Dundonald Hall, Petawawa												
BIATHLON	Calabogie Highlands GC, Barryvale												
BOWLING	Merrvale Bowling, Nepean												
CROSS-COUNTY SKIING/PARA XC	Ma-te-way Park, Renfrew												
KARATE	Renfrew Collegiate HS												
KICKBOXING	Valour HS, Petawawa												
SLEDGE HOCKEY	Petawawa, Civic Centre, Petawawa												
SNOWBOARD	Calabogie Peaks, Calabogie												
SQUASH	Dundonald Hall, Petawawa												
WEIGHTLIFTING	Madawaska Valley HS, Barry's Bay												
WRESTLING	Fellowes HS, Pembroke												
WUSHU	Arnprior District HS, Arnprior												

2200+ Athletes

24 Sport Competitions

17 Venues

9 Communities

Come out and play!

Kanata/Nepean

ROGERS



Renfrew County 2023

Ontario Winter Games Jeux d'hiver de l'Ontario

Local Business Spotlight



THE TRAIN KEEPS ROLLIN'

Officially opened in December of 2022, Engine House Café is the newest shop on the block from a couple of already well established local business conductors.

Brook and Melissa, owners of the new coffee shop on Queen Street in Killaloe are thrilled to bring their

dream of a café serving their locally roasted coffee to life and have been overwhelmed by the support they have received from the community and newcomers to the area.

Melissa says “it’s about community, that’s why we do it! It’s not about making money, it’s about creating something for the people that live here and supporting our economy. This is a special place and the community aspect: how we support each other and how everyone is accepted for who they are makes us proud to call this place home and encourages us to keep going.”

Brook and Melissa own three other businesses in

Killaloe; Grandma’s Pantry, Engine House Coffee and the Mix Company. Melissa says they knew they wanted to build a café when they built the new Grandma’s Pantry in the old Killaloe Sports Plus building in 2020 and are excited to see it all coming together. Future plans include brining the roastery into town and eventually building outdoor seating for the coffee shop.

Brook and Mellissa are also heavily involved with the Killaloe BIA and have donated to many local causes in the community.

On behalf of the Municipality, thank-you for choosing to do business in Killaloe, Hagarty and Richards!

COMMUNITY EVENTS

SNOW DOWN 2023
January 19 - March 18

COMMUNITY BONSPIEL
January 28 - February 4

SNO FUN
January 28 - February 5

ONTARIO WINTER GAMES
February 2 - February 12

FEBRUARY 2023

KFM: Indoor Winter Market
February 4 - 10 am - 2 pm

Killaloe Food Bank
February 7 - 3 pm - 5 pm

Wilno Broomball Tournament
February 11

Killaloe Food Bank
February 21 - 3 pm - 5 pm

MARCH 2023

KFM: Indoor Winter Market
March 4 - 10 am - 2 pm

Killaloe Food Bank
March 7 - 3 pm - 5 pm

Killaloe Food Bank
March 21 - 3 pm - 5 pm

Killaloe Pathways Park Community Engagement
March 22 - 4pm - 7pm

Opeongo Heritage Cup
March 24-26

KILLALOE LIONS
SnoFun
WINTER FESTIVAL

Snowman Selfie Contest

- Build your snowman anytime before February 3, 2023 noon
- Take a selfie with your snowman.
- Load your selfie on facebook- Killaloe and Area Lions Club
- Remember to Like your picture (Check visitors posts).
- Get your friends and relatives to like your picture, too.
- Contest closes Noon Friday February 3, 2023.
- The picture with the most likes wins

For more information about Killaloe Lions or SnoFun activities

Find us on: **facebook**

Killaloe and Area Lions Club

Killaloe Pathways Park

Insights - Engagement - Community Needs



Mark Your Calendar!

Community Engagement Workshop

March 22, 2023

4pm - 7pm

Come Be A Part Of The Future Of KPP!

(Location to be determined)

Future Projects - Planning - Volunteer Opportunities

PUBLISHING DATES AND DEADLINES

April - May 2023 Issue
Deadline: March 6, 2022

BUSINESS DIRECTORY

2023 - \$200/year (6 issues) Book your listing with an email to: communitydevelopment@khortownship.ca

Proceeds from advertising support economic development initiatives within the municipality. Please make payment to the Township of Killaloe, Hagarty and Richards at 1 John St. PO Box 39, Killaloe ON K0J 2A0.

You can download the newsletter from the municipal website www.killaloe-hagarty-richards.ca

Business Directory

John Sucee
REALTOR®

613.602.2305
john.sucee@royalpage.ca
613properties.com



Ann Maika-Chartrand
REALTOR®

613.633.3226
ann@613properties.com
613properties.com



Try Our Lamb Today!

Golden Lake, ON
613-717-3795
info@aldercreek.ca
www.aldercreek.ca



www.killaloe-pathways-park.ca

ANYTIME

Anytime Mobile Dent Repair

- Painless Dent Removal At A Fraction Of The Cost & Time Of Traditional Body Shop Work
- Mobile Service At Your Business, Residence or Cottage
- Serving Renfrew County & Area

Dents, Dings & Hail Damage
No Painting or Body Fill
Free Estimates

Patrick Lavin, Owner
613-757-1669
anytime.dentrepair@gmail.com
Facebook: Anytime Mobile Dent Repair IG: anytime.mobile.dent.repair

6
1
3
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5
7
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9

ENGINE HOUSE CAFE

OPEN

Monday - Saturday: 7:00 am - 6:00 pm
Sunday: 10:00 am - 4:00 pm

183 Queen Street, Killaloe, ON
Phone: 613-757-2237
Email: coffee@enginehousecafe.ca

REGISTERED MASSAGE THERAPIST

Ellen Wyss RMT, MLD

613 312 5056
Massage Therapy Clinic
14 Ryan Street
P.O. Box 128
Killaloe, ON K0J 2A0
ellenwyss@hotmail.com

GRANDMA'S PANTRY

Health Food Store
EST. 1993

Melissa Tremback
Owner

184 Queen Street, Killaloe, ON
Phone: (613) 757-0497
Email: melissa@grandmaspantry.ca

Waste Disposal Sites and Hours

KILLALOE SITE

1049 Mask Road
Wednesday: 7:30am - 11:30am
Friday: Noon - 4:00pm
Saturday: 8:00am - 4:00pm

ROUND LAKE SITE

168 Sunrise Road
Thursday: 8:30am - 3:30pm
Sunday: 8:30am - 3:30pm
Closed on the Sundays of a holiday weekend.

Open on the Mondays of a holiday weekend from 10:00am - 6:00pm.